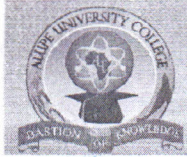


SPY 110



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ALUPE UNIVERSITY COLLEGE
Bastion of Knowledge...

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**OFFICE OF THE DEPUTY PRINCIPAL
ACADEMICS, STUDENT AFFAIRS AND RESEARCH**

UNIVERSITY EXAMINATIONS

2017 /2018 ACADEMIC YEAR

FIRST YEAR FIRST SEMESTER EXAMINATION

**FOR THE DEGREE OF BACHELOR
OF SCIENCE IN COUNSELLING
PSYCHOLOGY
SCHOOL: EDUCATION AND SOCIAL
SCIENCES**

COURSE CODE: SPY 110

**COURSE TITLE: INTRODUCTION TO
PSYCHOLOGY**

DATE: 14th December, 2017 TIME: 9.00am-12.00pm

For examiner's Use Only

Question	I.E	E.E
CAT		
EXAM		
TOTAL		

INSTRUCTION TO CANDIDATES: SEE INSIDE

THIS PAPER CONSISTS OF 20 PRINTED PAGES

PLEASE TURN OVER

Insert the numbers of the questions you have answered in the order done

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Student Admission No.....Exam Card No.....Signature.....

INSTRUCTIONS TO CANDIDATES

1. Write your **Admission Number, Exam Card Number** and **Sign** in the spaces provided at the bottom of each page of the Examination Booklet. **DO NOT** write your name anywhere in this booklet.
2. Write on both sides of the pages.
3. All rough work must be done in the Answer sheets and crossed through.
4. If supplementary pages are used, they must be fastened all together at the end of this Booklet. Supplementary pages should be used only after all the leaves in the booklet have been exhausted.
5. It is a serious examination offence to cheat or to have unauthorized materials including **MOBILE PHONES** (whether on or off) in the examination venue.
6. In no circumstances must Answer Booklet used or unused, be removed from the examination room by a candidate.
7. The Booklet is for **Examination use only** in a designated examination room. Unauthorized possession of the Answer sheets by a student or any other person constitutes an examination irregularity calling for stiff disciplinary action.
8. Do not pluck any page from this Booklet. Any extra/unused answer sheets should be returned to the **Examination Office**.
9. Candidates who come to examination room 30 minutes late will not be allowed to sit for the exam.
10. Candidates will not be allowed to leave the exam room once the exam commences.
11. Candidates are advised that importance is attached by examiners to accuracy and clarity of expression.
12. Committing any form of irregularity is prohibited and shall attract severe disciplinary action in accordance with Alupe University College Examination Regulations.

ALUPE UNIVERSITY COLLEGE (CONSTITUENT COLLEGE OF MOI UNIVERSITY)**SCHOOL OF EDUCATION AND SOCIAL SCIENCES****DEPARTMENT OF HUMANITIES****FIRST YEAR, FIRST SEMESTER EXAMINATION****FOR THE DEGREE OF BACHELOR OF ARTS COUNSELING PSYCHOLOGY****SPY110: INTRODUCTION TO PSYCHOLOGY****TIME: 3HRS****INSTRUCTIONS****Answer question 1 (Compulsory) and any other two 2 questions;**

1. a) Define the term psychology and give reasons for studying psychology (5mks)
- b) Describe FIVE different perspectives of psychology (10mks)
- c) Give FIVE reasons why psychology is categorized as a science (5mks)
- d) Explain any FIVE branches of psychology (10mks)

2. a) Discuss the following THREE mental processes
 1. Perception (5mks)
 2. Thinking (5mks)
 3. Memory (5mks)
- b) Explain FIVE factors that influence memory (5mks)

3. a) Explain the following types of motivation
 1. Intrinsic motivation (5mks)
 2. Extrinsic motivation (5mks)
- b) How can you apply Maslow's Theory of motivation to your daily operations?. (10mks)

4. a) Discuss the main components of emotions (6mks)



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- b) Explain FOUR types of emotions (4mks)
 - c) Discuss James and Lunge's theory of emotions (10mks)
5. a) Discuss the following personality disorders.
- i. Anxiety (4mks)
 - ii. Personality dissociative affective disorder (4mks)
 - iii. Organic mental disorder (4mks)
- b) Explain how schizophrenia can be treated (8mks)

